



E-Race Loneliness 5K and 10K

*Run, Walk and Roll to benefit
Youth and Elders Programs*

Bessie's Hope

Bringing Generations Together

Presented by



WHEN: SUNDAY, JUNE 24, 2012
7:00 a.m. Check-in and Registration
8:00 a.m. 5K and 10K Race (runners)
8:30 a.m. Walkers
9:30 a.m. Kids' Fun Run
Live Music, Bouncy House and Fun Activities for kids, Interesting Vendors
Awards for race winners per age category

WHERE: CITY PARK in DENVER
17th Ave near Pavilion between St Paul & Milwaukee

HOW: REGISTER ONLINE at www.bessieshope.org or call 303-830-9037
\$25 Early Registration Fee
Day of Event \$30 Registration Fee
(Kids under 10 participate for free)
Pledge Form Registration also available. Gather registration fee in pledges and pay day of event. **GATHER PLEDGES \$100 AND OVER AND BE ENTERED INTO PRIZE DRAWINGS.**

Ask friends, family & associates to support Bessie's Hope by pledging to support your participation in the Run/Walk. Gather a group and carry your company's banner! The more funds you raise, the more you help promote and sustain the programs of Bessie's Hope!

WHY: Bessie's Hope has served metro Denver communities for 18 years, enhancing the quality of life for nursing home/assisted living elders and bringing generations together in mutually rewarding relationships through volunteer programs for all ages. Lives of elders and "at-risk" youth are transformed.



Special Emcee: Mark McIntosh
Broadcasting Professional and
Charismatic Public Speaker



For sponsorship and vendor information, contact Bessie's Hope at 303-830-9037 or linda@bessieshope.org
www.bessieshope.org