



NOT ONE MORE!!!

Dear Colleagues and friends, this list came as a result of losing one of our own dear colleagues and friends, Ky to Suicide at Christmas time. It is our hope that if anyone needs a helping hand out of the dark, someone will be only a phone call away. Your friends on this list are ALL committed to being that phone call. If you need someone, someone will be there, all you need to do is text or call. You are important and valuable and you deserve a chance! We are committed to making sure there is **NOT ONE MORE** of us lost to Suicide.

Barb Stephens: 720.722.4207

Kevin Biln: 303.506.9401

Marnie Biln: 720.837.6306

Heather Wheat: 720.209.3052

Heather McGuire: 720.298.8288

John Bachofer: 303.250.1280

Rick Cseak: 720.854.5876

Jill Ross: 303.263.7728

Robin Hartman: 303.881.7680

Melanie Taussig: 970.408.1896

RuthAnn Arber: 720.505.0374

Nicole Danner: 303.386.5457

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**Colorado
Crisis Hotline**

1.844.493.8255