



# the center

sage of the rockies



SAGE of the Rockies is a program of The GLBT Community Center of Colorado, that provides comprehensive social, educational and recreational activities for older adults. Our focus is on serving LGBT older adults, allies, and community members living in our Naturally Occurring Retirement Community, Capitol Hill Care Link. Each week, we host about 100 community members for activities ranging from therapeutic writing, coffee & conversation, open art studio, Silver Sneakers yoga, and cooking classes.

In 2016, we began hosting an annual luncheon at Thanksgiving, to bring community members together to enjoy a great meal, and even better company. Each year dedicated volunteers donate countless hours to make the event a success. For 2017's luncheon, we were very grateful to receive \$2,000 from The Denver Seniors Coalition Joint Assistance Fund, to create holiday themed gift bags for all that attended.

These bags were filled with functional and fun items including LED night lights, a telescoping magnetic pickup tool, a fleece throw, puzzle and coloring books, and candy (of course!). Hopefully these items will bring a smile to community faces throughout the year as they use the items and remember the meal shared with good friends.



Recipients of the gift bags were overwhelmed with appreciation and happiness. Event attendee Gayle B. remarked, "What a beautiful present! A sparkly bag filled with many goodies. I marveled at all the great items; it was fun to see them all! Thank you ever so much!" The GLBT Community Center of Colorado is very grateful for the opportunity to give back to older adults at the holidays.