



FOR IMMEDIATE RELEASE

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Virtual CircleTalk™ Leader Course Training Offered February 2021

(Boulder, CO) – Deb Skovron, Executive Director of CircleTalk™ in Boulder, CO is pleased to announce that the organization will be offering The CircleTalk™ Leader Course training as a virtual program beginning February 2, 2021. The course is designed for anyone interested in leading structured, small conversation groups of seniors to increase their social connection and interaction in a relaxed, safe environment. In response to Covid-19, small group trainings are being made available through remote online learning.

Once a Leader has completed the online training, they will be equipped to immediately implement the Course, guided by the Curriculum workbook, and lead online groups of seniors in a variety of settings.

Each week of the six-week course focuses on presentations, learning activities, and demonstration videos. There will be live coaching calls to answer questions and support skills practices. The course includes all program materials, CircleTalk™ Leader Instructional Guide, and Curriculum Set 1-12. The training, curriculum, and live coaching costs \$495 per person. Scholarships and group discounts are available upon request.

The turnkey CircleTalk™ method and curriculum were created to help seniors overcome loneliness and social isolation, circumstances that have been shown to increase risk for dementia, heart disease, and death. For more information or to register for the CircleTalk™ Leader Course training go to circletalk.org, or email deb@circletalk.org.

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