

We are **letting compassion** and quality of service lead the way

### What is IHSS?

In-home support services, or IHSS, gives you control of directing your care with independence. Participants have the flexibility of selecting their attendant and authorized representative. The attendant can take care of their family member without a license or medical certification.

# How Do I Qualify?

To qualify, a participant must have Medicaid as their insurance and a waiver that support IHSS. There are three waivers that support IHSS:

- 1. **HCBS-EBD** waiver for persons who are elderly, blind and disabled
- 2. **HCBS** waiver for persons with a spinal cord injury
- 3. **CHCBS** waiver that support children's home and community-based services

## Don't Have a Waiver?

We can help! We have experienced experts to help you understand and navigate the waiver application process.

#### What services are available under each waiver?

Under each health waiver, health maintenance is provided. Health maintenance is assistance that requires skilled activities. An attendant can assist their loved one with daily routines and repetitive health-related tasks that are necessary for their wellbeing.

#### What are some activities that are considered health maintenance?

- Feeding
  - Syringe feeding
  - G or J tube feeding
- Skincare
  - Skilled skincare or skilled dressings
  - Application of medicated cream or ointment
- Ambulation
  - Skilled transfers required in conjunction with ambulation
- Dressing
  - Application of anti-embolic or other pressure stockings that can be purchased only with physician's prescription.
  - Dressings with orthopedic devices such as splints, braces or artificial limbs



# AMAZING CARE IHSS SERVICES CONTINUED

- Transfers
  - Use of Hoyer lifts or any other adaptive equipment
  - Client is unable to assist with transfer
- Bladder Care
  - Use of catheter
  - Disruption of the closed system for a foley or suprapubic catheter such as changing from a leg bag to a night bag
- Respiratory Care
  - Postural drainage
  - Cupping
  - Adjusting oxygen flow within establishment parameters
  - Suctioning

# What are the differences between each waiver?

HCBS-EBD	HCBS Spinal Cord Injury	CHCBS Children's home and community-based services.
Must be 18 years and older (18-64), must be blind, or have a physical disability or have a diagnosis of HIV or AIDS. 65 years and older must been determined to have a significant functional impairment     Income must be less than 3x the current Federal Supplemental Security Income (SSI) limit per month. Or still be eligible through the Health First Colorado Buy-In Program for Working Adults with Disabilities     Waiver website https://www.colorado.gov/hcpf/elderly-blind-disabled-waiver-ebd	<ul> <li>Must be 18 years and older</li> <li>Have a diagnosis</li> <li>Have been determined to have a significant functional impairment</li> <li>Waiver offers acupuncture, chiro-practic care, massage therapy</li> <li>Waiver website https://www.colorado.gov/hcpf/spinal-cord-injury-waiver</li> </ul>	<ul> <li>17 years and younger</li> <li>Must need long-term support services</li> <li>Must meet the Social Security Administration (SSA) definition of disability</li> <li>Child income must be less than 3x the current Federal Supplemental Security Income (SSI) limit per month</li> <li>Waiver website https://www.colorado.gov/hcpf/childrens-home-and-communi ty-based-services-waiver-chcbs</li> </ul>

If you have any questions, please call us at 303-755-3170. We can be reached 24 hours a day 7 days a week | www.AmazingCare.com

