

Referral & Member Guide 2022

DenverSeniorCoalitions.org



Moving forward in 2022 serving older adults in the greater Denver Area

Denver Senior Coalitions has Four Chapters:

East Chapter North Chapter South Chapter Southwest Chapter

Have questions about the Denver Senior Coalitions? Contact a 2022 Officer:

DSC Executive Board

Executive Board President - Sara Shvartzman 720-775-8405 Direct <u>sshvartzman@carepatrol.com</u> Company: <u>CarePatrol of Denver</u>

Co-Chapter President - Kevin Biln 303-506-9401 <u>kevinbiln@gmail.com</u> Company: <u>All About Seniors, Inc.</u>

Co-Chapter President - Barbara Boyer 303-940-3504 <u>barbara@agewisecolorado.org</u> Company: <u>AgeWise Colorado</u>

Speaker & Presentation Director

Sandra Tagawa - 303-598-0730 stagawa@assistinghands.com Company: <u>Assisting Hands Home Care, LLC</u>

Meeting Location Directors

Beth Miller - 303-668-9152

bmiller@carepatrol.com Company: CarePatrol

Larry Clarke - 303-521-7188 larryc5213@comcast.net Company: Mature Living Truth Series

Sharon Naslund – Office 303-680-4422 Cell 719-251-4864 snaslund@anthemmemorycare.com Company: CHELSEA PLACE – An Anthem Community

Membership Directors

Karin Hall – Office 303-794-0799 Karin@SeniorsResouorceGuide.com Company: <u>Seniors Resource Guide.com</u>

Karlie Kranz- 720-352-8512 kakranz@amazingcare.com Company: <u>Amazing Care Home Health Services</u>

Katie Hargrove – 720-837-1316 katie@allthecomfortofhome.net Company: <u>All The Comfort of Home, Inc.</u>

Tim Fiedler - 720-520-6657 dvrclientsvsmgr@Homehelpershomecare.com Company: <u>Home Helpers Home Care</u>

Joint Coalition Assistance Fund Committee

Linda Alexander - 303-475-3078 linda.alexanderproperties@gmail.com Company: <u>Alexander Properties</u>

Patricia M. Ayd - 303-864-0978 payd@consilia-cr.com Company: Consilia Conflict Resolution, LLC



If you are interested in joining and becoming a board member please contact a member of our executive board.

DenverSeniorCoalitions.org

Below is a list of the 2022 members of the Denver Senior Coalitions by their primary service category. Organizations are listed by the primary service they provide. Join today so your organization can be included in this directory. Information for joining is on the website – <u>DenverSeniorCoalitions.org</u>

About the Denver Senior Coalitions – There are four Denver Senior Coalition Chapters: East, North, South and Southwest. The Chapters are networking organizations serving the greater Denver area.

• We meet monthly with a Zoom meeting on the 2nd Wednesday of the month and an in-person meeting on the 4th Thursday of the month.

Our members range from senior housing, home health industry, health and medical services, referral agencies, technology-based organizations, professional services such as legal and financial and other community-based service organizations. Members include both individuals and organizations and for-profit, non-profit and government agencies. The last page of this directory has more detailed information about the Denver Senior Coalitions organization and our Joint Coalition Assistance Fund.

Updated May 22, 2022

Activities for Older Adults

Active Minds 🗢

Active Minds provides outstanding, objective educational programs. We combine excellent teaching with thoroughly researched, compelling topics that matter. We also offer a variety of sponsorship opportunities to connect with the 10,000+ seniors we serve in the greater Denver metro area. Address: 990 Krameria St, Denver, CO 80220 www.ActiveMinds.com



Heidi Van Sickle - Director of Operations - Office 303-320-7652 - Cell 303-550-3383 hvansickle@activeminds.com

Lyssa Krumholz - Administration - Office 303-320-7652 - Cell 720-299-0833 Ikrumholz@activeminds.com

Alison Lewis – Marketing & Administration – Office 303-320-7652 – Cell 303-548-2566 <u>alewis@activeminds.com</u>

Zane Robertson - President and Co-founder - Office 303-320-7652 - Cell 303-320-7652 Zane@activeminds.com

Activities for Older Adults - Continued

Art for Older Adults 🗢

I develop and facilitate visual art and storytelling programs for older adults and those with dementia. I am a trained facilitator in OMA (Opening Minds Through Art, Scripps Gerontology Center) and TimeSlips Storytelling. My programs inspire participants to engage with high quality art projects that respect their wealth of experience, skills, and innate capacity to create.

Address: 2314 W. Vermijo Avenue, Colorado Springs, CO 80904 www.ArtForOlderAdults.org

Elizabeth Stanbro - Director - Office 719-217-4054 - ArtForOlderAdults@gmail.com

Castle Rock Senior Activity Center 🗢

For more than 46 years, the Castle Rock Senior Activity Center has been providing programming and services to area seniors who are "loving life in the second half." We are a non-profit organization, open to people 50+ in age, meeting the desires and needs of the GI Generation, Silent/Mature Generation, Baby Boomers and now even some Generation Xers. The wide range of ages means we have very diverse programming, ranging from adrenaline-producing "bucket list" trips to the more sedate bridge league groups, and everything in between. We also provide special services and wellness activities. Our transportation program, utilizing volunteer drivers, provides shuttle rides for seniors throughout Castle Rock and to medical appointments for those unable to drive. Address: 2323 Woodlands Blvd, Castle Rock, CO 80104

www.castlerockseniorcenter.org

Debbi Haynie - Executive Director - Office 720-733-4488 - Cell 720-233-4173 - Dhaynie@crgov.com Mary Jo Fry - Project/Events Coordinator - Office 720-733-2291 - Cell 303-905-0536 - mfry@crgov.com Shannon Rutt - Activities Coordinator - Office 720-733-2290 - Cell 303-489-4652 - srutt@crgov.com Lynn Kroloff - BOD - Vice President - Membership - Office 303-565-9429 - <u>kroloffl290@gmail.com</u> Rebekah Reeves - Volunteer Coordinator - Office 720-733-2292 - Cell 719-325-9501 - <u>reeves@crgov.com</u> Stacey Fahrenbruch - Project/Event Coordinator - Office 720-733-2291 - Cell 209-612-5205 <u>sfahrenbruch@crgov.com</u>

Shiela Perez - Activities Coordinator - Office 720-733-2290 - Cell 303-944-4537 - <u>sperez@crgov.com</u> Maria Seibert - Volunteer Coordinator - Office 720-733-2292 - Cell 720-926-7402 - <u>mseibert@crgov.com</u> Tina Whitby - Office Manager - Office 720-733-2287 - Cell 303-349-2189 - <u>twhitby@crgov.com</u>

Parker Senior Center

We are a community center for Seniors, providing meals, exercise, activities, group outings and we serve the town of Parker Address: 10675 Longs Way, Parker, CO 80138 www.parkerseniorcenter.org

Office 303-841-5370

Activities for Older Adults - Continued

Seniors' Council of Douglas County

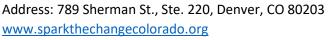
In existence since 1992, the Seniors' Council of Douglas County is charged with the responsibility of serving as an advocate on issues that impact older adults and their families as well as acting as the "senior voice" of the community to local leaders, the Board of County Commissioners, service providers, non-profit organizations and county staff.

Address: 104 4th Street, Castle Rock, CO 80104 www.mydougcoseniorlife.com

Gretchen Lopez - Vice Chair - Office 303-663-7681 - Cell 614-746-3014 - GKL4829@aol.com

Spark the Change Colorado 🗢

We offer volunteer opportunities and companionship services to people 55+ and better that includes our federally-funded Senior Companion Program in 5 counties: Adams, Arapahoe, Denver, Douglas and Jefferson Counties. Beginning April 1st, we will offer federally-funded RSVP programming in Jefferson County and 6 other counties statewide.





Laura Kinder - Director, Empowering Aging - Office 303-282-1234 - cell 303-500-4157 <u>lkinder@sparkthechangecolorado.org</u>

John Remillard - Program Administrator - Office 303-282-1234 - Cell 719-375-9083 jremillard@sparkthechangecolorado.org

Emily Garrigus - Recruitment and Community Outreach Manager - Office 303-282-1234 – Cell 303-623-1541 egarrius@sparkthechangecolorado.org

Wish of a Lifetime from AARP

Wish of a Lifetime from AARP is a 501c3 non-profit and a charitable affiliate of AARP. We have granted over 2,000 wishes across the nation since 2008. Our mission is to shift the way society views and values our oldest generations by fulfilling seniors' dreams and sharing their stories to inspire those of all ages. Address: 303 East 17th Ave, Suite 850, Denver, CO 80224 www.wishofalifetime.org

Jared Bloomfield - Manager Field Operations - Office 612-963-7532 - <u>Jared@wishofalifetime.org</u> Caitlin Shepherd - Manager Field Operations - Cell -720-877-4799 - <u>caitlin@wishofalifetime.org</u>

Burial & Funeral Resources

Funeral Consumer Society of Colorado (FCSC)

FCSC helps families find funeral or memorial services at fair prices, and has expanded to include education of significant end-of-life topics.

Address: 1411 W Lake Ct, Littleton, CO 80120 www.funeralconsumercolorado.org

Susan Mackey – President – Office 720-432-5379 – Cell 720-884-6878 - suemackey88@gmail.com

Larry Clark – Volunteer – Office 720-432-5379 – Cell 303-521-7188 - larryc5213@comcast.net

Newcomer Funeral, Cremation and Receptions 🗢

Provider of full-service funeral and cremation services at an economical value. Two locations in the Denver Metro area.

Address: 901 S. Sheridan Blvd, Lakewood, CO 80226 www.newcomerdenver.com

Greg Fleener - Family Service Advisor - Office 720-857-0700 - Cell 720-347-8138 - gfleener@nfsgi.com

Tamie Gonzalas - Family Service Advisor - Office 303-274-6005 - Cell 720-775-8332 - tgonzalez@nfsgi.com

Karen Miller - Family Service Adviso - Office 303-274-6065 - Cell 720-308-2602 - kmiller@nfsgi.com

Out of the Box - End-of-Life Planning

Out of the Box End-of-Life Planning helps people navigate the complexities of end-of-life preparation as a final gift to the ones they leave behind.

Address: 171 Salina St, Lafayette, CO 80026

www.OutoftheBoxEndofLifePlanning.com

Susan Mackey - Owner of Out of the Box - 720-884-6878 - Outoftheboxendoflifeplanning@gmail.com

Business Resources - Advertising

Active Minds 🗢

Active Minds is a Colorado-based company that provides on-site lifelong learning programs for seniors in retirement communities, assisted living communities, nursing homes, senior centers and other types of locations. Active Minds offers programs that cover a broad range of international and domestic current affairs as well as history, poetry, and music programs. Our belief is that lifelong learning is part of living and aging well and that it is part of living a meaningful and purposeful life, regardless of age.

Address: 990 Krameria St, Denver, CO 80220

www.ActiveMinds.com

Heidi Van Sickle - Director of Operations - Office 303-320-7652 - Cell 303-550-3383 hvansickle@activeminds.com

Wynne Reynolds - Administration - Office 303-320-7652 - Cell 303-656-8807 wreynolds@activeminds.com

Lyssa Krumholz - Marketing & Administration - Office 303-320-7652 - Cell 720-299-0833 <u>lkrumholz@activeminds.com</u>

Zane Robertson - President and Co-founder - Office 303-320-7652 - Cell 303-320-7652 Zane@activeminds.com

Business Resources – Advertising - Continued

Halo Branded Solutions

Unique marketing items to promote your business and create goodwill Address: 4882 S. Xenia St., Denver, CO 80237 www.halobrandsolutions.com

Marsha Harris - Sales Representative – Office 303-770-2987 marshaharris1@yahoo.com

Prime Time for Seniors

Prime Time is a free monthly publication that provides information and resources to our aging adult community. We distribute to 12 counties in the Denver Metro Area. Address: 17180 E 104th Place, Commerce City, CO 80022 www.myprimetimenews.com

Debbie Watson - Co-Owner, Publisher - Office 303-945-4506 Debbie@myprimetimenews.com

Bill Watson - Co-Owner, Advertising Office 303-945-4506 Bill@myprimetimenews.com

Jessica Edgar - Advertising Rep - Office 303-945-4506 - Cell 303-288-5485 jessica@myprimetimenews.com

Seniors Blue Book 🗢

The Seniors Blue Book and SeniorsBlueBook.com is the most comprehensive and informative senior resource available. We offer a complete, 5-tier multi-media marketing package consisting of Print, Web, Networking, Referral Line and our unique Discharge Planners Resource Notebook. Distribution in the Denver Metro area is 160,000 annual copies with nearly 2000 distribution points.

Address: P.O. Box 9364, Salt Lake City, UT 80125

www.seniorsbluebook.com

Nancy Fenimore - Publisher - Office 800-201-9989 - Cell 303-932-0304 Nancy@SeniorsBlueBook.com Lucy Crandall - Associate Publisher - Office 800-201-9989 - Cell 719-641-6850 <u>lucy@seniorsbluebook.com</u> Vicky Evans - Regional Director - Office 800-201-9989 - Cell 970-568-3178

Vicky@SeniorsBlueBook.com

Lisa Case - Information Director - Office 800-201-9989 - Cell 303-335-5312 Lisa@seniorsbluebook.com

Business Resources – Advertising - Continued

Seniors Resource Guide.com, LLC 🗢

Our goal with SeniorsResourceGuide.com and our Seniors E-Guide electronic publications is to make it easier for people to learn about senior resources and services so they can advocate for their needs. We hope you will find our website content helpful! <u>https://seniorsresourceguide.com/</u>

Karin Hall - Internet & eMarketing Counselor - Office 303-794-0799 karin@seniorsresourceguide.com

Web Publishing & Services, Inc. - WPS 🗢

If you are a company that markets to older adults and seniors, we have been serving this marketing niche since 1999 with content and website development. We both build websites that are oriented to seniors and offer online promotion to companies that serve older adults. Address: P.O. Box 816, Littleton, CO 80160 www.WPSconsultants.com

Bryant Garten - Interactive Web Designer – Office 720-222-4742 BGarten@WPSconsultants.com

Conflict Resolution

Consilia Conflict Resolution LLC

CCR assists families through mediation and communication facilitation services to find compassionate and cooperative solutions to the challenges of aging and ill family members.

www.consilia-cr.com

Patricia M. Ayd - Mediator - 303-864-0978 - 303-917-5409 payd@consilia-cr.com

Liz Walker - Mediator - 303-864-0978 - 303-264-7455 <u>lwalker@consilia-cr.com</u>

Mediation Works 2, LLC

Mediation, facilitation and training services for elders, their families and elder care service providers. 33+ years of experience. Conflict resolution at affordable rates. Address: 13593 W. 24th Place, Golden, CO 80401

www.mediationworks2.com

Mark Loye - Mediator/Facilitator/Trainer - Office 303-704-2536 - Cell 303-704-3808 marksloye@gmail.com

Adrienne Loye - Administrator - Office 303-704-2536 - cell 303-704-2536 amloye@comcast.net





Construction & Restoration

Palace Restoration & Palace Construction 🗢

Palace Construction has been building structures and relationships of integrity throughout the Rocky Mountain region since 1963. Committed to Building Better Lives, we assist clients in all areas of commercial and residential construction. Our integrated approach focuses on solving our client's challenges by developing a strategic preconstruction work plan to meet budgetary and time constraints and deliver a high-quality outcome. Address: 7 South Galapago Street, Denver, CO 80223 www.PalaceConst.com



Maggie Bolden - Director of Client Relations – Office 303-777-7999 – Cell 720-335-4539 <u>mbolden@palaceconst.com</u>

Dementia Support

Art for Older Adults 🗢

I develop and facilitate visual art and storytelling programs for older adults and those with dementia. I am a trained facilitator in OMA (Opening Minds Through Art, Scripps Gerontology Center) and TimeSlips Storytelling. My programs inspire participants to engage with high quality art projects that respect their wealth of experience, skills, and innate capacity to create. Address: 2314 W. Vermijo Avenue, Colorado Springs, CO 80904 www.ArtForOlderAdults.org

Elizabeth Stanbro - Director - Office 719-217-4054 - ArtForOlderAdults@gmail.com

Compassion Works, LLC 🗢

Dementia coaching, education, and training for care partners and organizations impacted by dementia. All coaching is done virtually. Address: 3291 Garland Street, Wheat Ridge, CO

www.kaymadams.com/

Kay Adams – Cell 303-875-5508 - kay@kaymadams.com

Dental Services

Access Mobile Dental 🗢

At Access Mobile Dental, our mission is to meet the unique needs of seniors in a safe, comfortable, and convenient environment. Delivering comprehensive dental care and custom dentures to seniors in independent living, assisted living and memory care communities, as well as private residences, throughout the Denver metro area for over 20 years.

Address: 6402 S Troy Circle Ste. 300, Centennial, CO 80111 www.AccessMobileDental.com

Brad Smith - Director of Marketing & Development - Office 303-471-0346 – Cell 303-883-7586 <u>bsmith@accessmobiledental.com</u>

Bart Scott - Vice President - Office 303-471-0346 - bscott@accessmobiledental.com



Downsizing & Move Management

Life Caddie 🗢

Life Caddie helps adults with their organizing, de-cluttering, downsizing, or transition needs. We assist with the implementation and education of technology, we help organize new or existing homes by donating unwanted items and organizing their wanted belongings. Our services help make your home and life (or the home/life of a loved one), a safer, easier to navigate, and healthier place to reside. Amy and team proudly serve the Denver metro and surrounding areas.



Address: 11185 E Vassar Dr., Aurora, CO 80014 www.LifeCaddie.org

Amy Larchick - Owner/Project Manager - Office 720.419.9331 – Cell 720.419.9331 amy@lifecaddie.org

Trusted Transitions of CO 🗢

Just the idea of everything that goes into downsizing, or moving into a senior living facility, can be so daunting many homeowners avoid the situation completely. Our team of experienced senior move managers are here to help relieve the stress, organize the finer details, and make sure you're happy and comfortable in



your new home. We cover the entire front range and Ft Collins and Colorado Springs. Address: 15546 W 64th Loop, Unit E, Arvada, Colorado 80007 Website: <u>www.TrustedTransitionsofco.com</u>

Bobbie Jo Kinsey – Cell 702-277-6807 - bobbiejokinsey@gmail.com

Financial Services

Edward Jones – Levi Kautz - Wealth Advisor

I'm a wealth advisory primarily for a select group of successful individuals, who among other things aspire to a work-optional lifestyle. I've developed and refined a process that manages wealth and risk for my clients. Address: 1120 N Lincoln St, Suite 1303, Denver, CO 80203 <u>www.edwardjones.com/levikautz</u>

Levi Kautz - Wealth Advisor – Office 303-908-1396 – Cell 303-908-1396 levi.kautz@edwardjones.com

Home Health Agency - Skilled

All The Comfort of Home, Inc. 🗢

We provide non-medical home healthcare to the Denver metro area. Compassionate care in the home, from 1 hour visits, all the way to 24/7. Address: 4800 Happy Canyon Rd, Suite 250, Denver, CO 80237 www.allthecomfortofhome.net

Todd Chambers – Owner – Office 303-346-1292 - Cell 303-883-5855 todd@allthecomfortofhome.net

Katy Carpenter - Marketing/Intake Coordinator – Office 303-346-1292 – Cell 720-254-1317 katy@allthecomfortofhome.net

Katie Hargrove - Community Relations Manager – Office 303-346-1292 – Cell 720-837-1316 <u>katie@allthecomfortofhome.net</u>

Amazing Care Home Health Services Inc. 🗢

We provide skilled services (RN/PT/OT/ST/CNA/MSW) for pediatric through geriatric. We have 4 offices along the front range from Loveland to Colorado Springs. Address: 10155 Westmoor Dr., Suite 125, Broomfield, CO 80021 www.amazingcare.com

Karlie Kranz - Community Relations - Office 303-755-3170 - Cell 720-352-8513 <u>kakranz@amazingcare.com</u>

At Home Healthcare 🗢

Under the direct supervision of the referring physician, our highly skilled home care professionals deliver quality, compassionate care. We also include families and caregivers in the care process, offering valuable information, guidance and most of all support.

Address: 2675 South Abilene St, Suite 290, Aurora, CO 80014 www.LHCgroup.com

Cara Brooks, LPN - Account Executive – Office 720-459-7912 – Cell 720-520-5096 <u>cara.brooks@LHCgroup.com</u>







Home Health Agency – Skilled - Continued

BrightStar Care 🗢

BrightStar Care is a Class A private pay agency providing skilled and non-skilled home care services. Our professional care teams, each led by a Registered Nurse, deliver expert, compassionate, and personal care, with 24/7 availability.

Address: 3801 E Florida Avenue, Suite 502, Denver, CO 80210 www.brightstarcare.com/centraldenver

Alexis Ring - Director of Operations - Office 303-300-6666 - Cell 720-936-2486 alexis.ring@brightstarcare.com

Daisy Dalegowski - Director of Nursing - Office 303-300-6666 - Cell 720-355-1601 daisy.dalegowski@brightstarcare.com

Jeff Loewenthal - Owner / President - Office 303-300-6666 - Cell 303-564-4915 jloewenthal@brightstarcare.com

SYNERGY HomeCare 🧲

SYNERGY HomeCare has been serving the Denver Metro market for over 15 years helping thousands of families. Let us help you ... Address: 3749 S. King Street, Denver, CO 80236 www.SynergyHomeCare.com



Baylea Koren - Community Liaison - Office 303-756-9322 - Cell 720-471-8288 bayleakoren@synergyhomecare.com

Hali Koren - Director of Business Development - Office 303-953-9924 - Cell 720-656-5625 halikoren@synergyhomecare.com

Tom Yetzer - President of Denver and Lakewood - Office 303-756-9322 - Cell 303-929-3086 tyetzer@synergyhomecare.com

Hospice

At Home Hospice 🗢

Hospice is covered by Medicare, Medicaid, and most private insurance. Hospice is available to individuals with end-stage illness for which there is no cure. But hospice care is not limited to the last few days of a patient's life. In fact, hospice is designed to provide support throughout the final stage.

Address: 2675 South Abilene St, Suite 250, Aurora, CO 80014 www.LHCgroup.com



Cara Brooks, LPN - Account Executive – Office 720-459-7912 – Cell 720-520-5096 <u>cara.brooks@LHCgroup.com</u>

Hospice - Continued

Dignity Hospice 🗢

Hospice provides a special type of care that is designed to provide comfort and support to a patient and their family when a life-limiting illness no longer responds to cure-oriented treatments. Our care is provided wherever a patient calls "home" – all under the direction of a physician. Address: 400 E. 84th Ave, W-202, Thornton, CO 80229 www.dignityco.com

Alyssa Trujillo - Office 720-222-3315 - alyssat@dignityco.com

The Denver Hospice 🗢

The Denver Hospice is the region's leading, largest and most trusted not-for-profit provider of life-enhancing hospice and palliative care. We offer more expertise, more resources and a more complete continuum of compassionate care to patients facing life-limiting illnesses and end-of-life transition. Address: 501 S. Cherry Street, Suite 700, Denver, CO 80246

www.thedenverhospice.org

Julie Dailey - Office 303-321-2828 - Cell 720-235-6172 - jdailey@care4denver.org

Susan Finke – Clinical Manager – Office 303-321-2828 - Cell 720-234-9120 - sfinke@care4denver.org

Kristin Lyons – Clinical Manager – Office 303-321-2828 - Cell 720-291-9568 - klyons@care4denver.org

Erin Maloney - Clinical Manage - Office 303-321-2828 - Cell 720-940-3135 - emaloney@care4denver.org

Roman Pivacek – Liaison – Office 303-321-2828 - Cell 720-333-9276 - rpivacek@care4denver.org

Housing

Ashley Manor

Ashley Manor Memory Care and Assisted Living is committed to providing clean, modern, home-like living environments; a loving, caring staff; and specialized state of the art therapies and care programs which provide enhanced health, personal dignity and safety for our residents and peace of mind for our families. Address; 10527 Irma Dr, Northglenn, CO 80233 www.ashleymanor.com

Savina Duran - Senior Care Advisor – Office 303-419-0322 – Cell 303-419-0322 sduran@ashleymanor.com

Hannah Newman - Senior Care Advisor – Office 303-419-0322 – Cell 303-419-0322 hnewman@ashleymanor.com

Assisted Living on Broadway

Residential memory care community near Littleton hospital. RN owned and operated. We offer spend down to Medicaid in memory care assisted living.

Address: 7120 S. Broadway, Littleton, CO 80122 www.AssistedLivingonBroadway.com

Iren Kaspin, RN - Administrator - Office 720-900-3951 - Cell 720-383-8083 - rn@albroadway.com

Housing - Continued

Brookdale Littleton 🗢

With personalized care plans and a dedicated team available 24 hours a day, seven days a week, it's no wonder our assisted living residents enjoy life at Brookdale Littleton. If you want to trade in the burdens of home maintenance, cooking and cleaning for a life full of quality care and newfound independence, we're here to welcome you in with open arms. Address: 8271 South Continental Divide Rd, CO Littleton https://www.brookdale.com/en/communities/brookdale-littleton.html?cid=yext



Michelle Tenorio - Office 303-948-0900 - Cell 303-319-0841 - mtenorio2@brookdale.com

Brookdale Senior Living Lowry 🗢

Independent, Assisted Living and Memory Care for Seniors beginning at age 63, caregivers provide assistance with daily living delivering service with compassion and respect.

Address: 150 Quebec St, Denver, Colorado 80230

https://www.brookdale.com/en/communities/brookdale-lowry.html

BROOKDALE

Ansley Santos - Marketing Coordinator - Office 303-364-7149 - Cell 720-697-3392 - asantos20@brookdale.com

Dee Townsley - Sales Counselor - Office 303-364-7149 - Cell 720-505-7527 - dtownsley@brookdale.com

Carmel Oaks 🗢

This extraordinary community truly embraces an active 55+ lifestyle! Nestled in a beautiful neighborhood setting, we provide residents a carefree and maintenance-free living option. Intimate in size, Carmel Oaks has eighty-one maintenance-free apartments. Large enough for variety and options, yet small enough to immediately feel part of the family.

Address: 1811 S. Harlan Circle, Lakewood, CO 80232 www.carmeloaks.com

Michelle Kiser - Office 303-937-1010 - Cell 303-937-1010 - mkiser@essexcom.com

Christine Teal - Executive Director - Office 303-937-1010 - cteal@essexcom.com

Chelsea Place Memory Care 🗢

Chelsea Place is a socially focused memory care community created to give individuals with cognitive impairment a renewed sense of meaning and a chance to thrive.

www.AnthemMemoryCare.com

Address: 14055 E. Quincy Ave., Aurora, CO 80015

CHELSEA PLACE

Sharon Naslund - Community Relations Director - Office 303-680-4422 - Cell 719-251-4864 snaslund@ChelseaMemoryCare.com

Housing - Continued

Cherry Creek Retirement Village 🗢

Cherry Creek Retirement Village is designed to create an active and rewarding lifestyle for seniors living in Aurora, Colorado. Offering assisted living and independent living, Cherry Creek focuses on creating a relaxed environment where residents can enjoy their retirement to the fullest. Our friendly community provides a broad range of services and amenities that are catered to the needs and interests of each resident.

Address: 14555 East Hampden Avenue, Aurora, CO 80014 www.cherrycreekretirement.com

Sheila Anthony - Community Relations Representative – Office 303-693-0200 – Cell 303-668-3613 <u>smanthony@centurypa.com</u>

Shannon Dempsey - Marketing Director – Office 303-693-0200 spdempsey@centurypa.com

Cherry Hills Assisted Living and Memory Care

Welcome to Cherry Hills Assisted Living and Memory Care, a boutique community that provides high quality care combined with sophisticated service for discerning seniors and their families. Address: 6325 S. University Blvd., Centennial, CO 80121 www.AssistedLivingCherryHills.com

Nicki Walker – Marketing Outreach - Office 720-592-0252 – <u>NWalker@AssistedLivingCherryHills.com</u>

Gardens Care Senior Living 🗢

Gardens Care Senior Living are privately owned assisted living homes featuring beautiful gardens along with bedroom suites including full private bathrooms designed specifically for the comfort and safety of our residents. We have 11 homes located across the metro area in quiet neighborhoods. Some of our homes offer memory care where our residents are able to access a secured back yard and walking path. We offer activities programs and life stations tailored around the interests of our residents, keeping the daily schedule engaging as well as maintaining individual daily care needs.



Our Gardens Care Senior Living Homes:

Camenisch Park Memory Care, 2599 W 90th Ave, Federal Heights, CO 80260 Cherry Knolls Assisted Living, 1665 East Noble Place, Centennial, CO 80121 Columbine Acres Memory Care, 5375 Otis Street, Arvada, CO 80002 Homestead Independent & Assisted Living, 2121 Wadsworth Blvd, Lakewood, CO 80214 Indian Tree Assisted Living, 7319 Carr Street, Arvada, CO 80005 Jewell Estates Assisted Living, 6347 Hawthorn Lane, Lakewood, CO 80227 Majestic View Assisted Living, 6882 Garland Street, Arvada, CO 80004 Meadow Hills Assisted Living, 3828 South Eagle Street, Aurora, CO 80014 Pinehurst Assisted Living, 7052 W Stanford Ave, Lakewood, CO 80123 Quaker Acres Assisted Living, 16821 W 74th Ave, Arvada, CO 80007 Red Hawk Assisted Living, 1473 Rosemary Dr. Castle Rock, CO 80109 www.GardensCare.com

Deb Hickel - Marketing/Sales Director – Office 303-566-1085 ext 702 – Cell 720-383-7214 deb.hickel@gardenscare.com



Hilltop Reserve Retirement Community

Hilltop Reserve is a new senior living community featuring IL, AL and Memory Care. Hilltop Reserve will reflect the urban amenities and refined architecture characteristic of the Hilltop neighborhood.

Address: 525 South Holly Street, Denver, CO 80246

www.hilltopreserve.com

Andrew Bugbee - Office 720-780-5865 - Cell 720-402-2590 - abugbee@hilltopreserve.com

Juniper Communities

Juniper Communities 🗢

At Juniper we believe in the people, places, and programs that nurture the spirit of life in each individual we touch. We do so by delivering personalized experiences and by fostering the philosophy of encouraging an active body, an engaged mind, and fulfilled spirit. Address: 5133 Shelly Ray Road, Fort Worth, Tx 76244 www.junipercommunities.com

Ryan Bartell - Regional Sales Director - Office 720-454-2794 - ryan.bartell@junipercommunities.com

Applewood Place, A Juniper Community 🗢

Juniper communities operates 5 communities across the Denver metro area from North to South. We offer independent living, assisted-living, special-purpose memory care, skilled nursing and short term

rehabilitation centers. At Juniper we believe in the people, places, and programs that nurture the spirit of life in each individual we touch. We do so by delivering personalized experiences and by fostering the philosophy of encouraging an active body, an engaged mind, and fulfilled spirit. Address: 400 Broadacres Drive, 4th Floor, Bloomfield, NJ

www.junipercommunities.com

Tracy Norris - Director of Sales - Office 303-233-4343 - tracy.norris@junipercommunities.com

Juniper Village at Aurora 🗢

Juniper communities operates 5 communities across the Denver metro area from North to South. We offer independent living, assisted-living, special-purpose memory care, skilled nursing and short term

rehabilitation centers. At Juniper we believe in the people, places, and programs that nurture the spirit of life in each individual we touch. We do so by delivering personalized experiences and by fostering the philosophy of encouraging an active body, an engaged mind, and fulfilled spirit.

Address: 11901 E Mississippi Ave, Aurora, CO 80012

www.junipercommunities.com

Jennifer Royal - Director of Sales - Office 303-341-6335 - jennifer.roy@junipercommunities.com





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Housing – Continued

Juniper Communities - Continued

Juniper Village at Louisville 🗢

Juniper communities operates 5 communities across the Denver metro area from North to South. We offer independent living, assisted-living, special-purpose memory care, skilled nursing and short term

rehabilitation centers. At Juniper we believe in the people, places, and

programs that nurture the spirit of life in each individual we touch. We do so by delivering personalized experiences and by fostering the philosophy of encouraging an active body, an engaged mind, and fulfilled spirit.

Address: 1078 S 88th St, Louisville, CO 80027 www.junipercommunities.com

Marcia McMahon - Director of Sales – Office 303-665-3722 – Cell 720-729-0967 marcia.mcmahon@junipercommunities.com

Juniper Village - The Spearly Center 🗢

Juniper communities operates 5 communities across the Denver metro area from North to South. We offer independent living, assisted-living, special-purpose memory care, skilled nursing and short term

rehabilitation centers. At Juniper we believe in the people, places, and programs that nurture the spirit of life in each individual we touch. We do so by delivering personalized experiences and by fostering the philosophy of encouraging an active body, an engaged mind, and fulfilled spirit. Address: 2205 W 29th Ave, Denver, CO 80211

www.junipercommunities.com

Katie Karp - Director of Marketing - Office 303-458-1112 - Cell 303-956-2300 katie.karp@junipercommunities.com

Lakewood Reserve, A Juniper Community 🗢

Juniper communities operates 5 communities across the Denver metro area from North to South. We offer independent living, assisted-living, special-purpose memory care, skilled nursing and short term rehabilitation centers. At Juniper we believe in the people, places, and

programs that nurture the spirit of life in each individual we touch. We do so by delivering personalized experiences and by fostering the philosophy of encouraging an active body, an engaged mind, and fulfilled spirit.

Address: 555 S Pierce Street, Lakewood, CO 80226 www.junipercommunities.com

Erica Sprague - Director of Sales - Office 303-742-4800 - erica.sprague@junipercommunities.com







Housing – Continued

Kavod Senior Life 🗢

Kavod provides quality, affordable Independent and Assisted Living in Cherry Creek (397 units) with on-site support services plus activities for seniors in the greater community. Address: 22 S. Adams St, Denver, CO 80209

www.kavodseniorlife.org

Christie Ziegler - Director of Communications and Marketing - Office 303-399-1146 -Cell 720-382-7805 cziegler@kavodseniorlife.org

Rebecca Gershten - Outreach Assistant - Office 303-399-1146 - Cell 720.382.7848 rgershten@kavodseniorlife.org

Melanie Kaye - Leasing Coordinator - Office 303-399-1146 - Cell 720-382-7815 mkaye@kavodseniorlife.org

Jody Alweis - Marketing Coordinator - Office 303-399-1146 - Cell 720-382-7841 jalweis@kavodseniorlife.org

Keystone Place at Legacy Ridge 🗢

Located on a beautifully landscaped campus in Westminster, Colorado, our senior living community is committed to providing you with the ability to thrive! Every person who chooses to make Keystone their home has not only lived an extraordinary life but

shares the desire to keep living life to the fullest. Whether you choose Independent Living or Assisted Living at Keystone Place at Legacy Ridge, we guarantee you will be both inspired and enabled to do just that! Address: 11180 Irving Dr, Westminster, CO 80031 www.keystoneplaceatlegacyridge.com

Gail Loveland – Marketing - Office 720-924-6868 – Cell 303-726-6060 - gloveland@keystonesenior.com

MorningStar of Arvada 🗢

MorningStar of Arvada is an independent and assisted living community ideally situated on 1.5 acres, encircled by historic Golden with nearby Arvada Reservoir.

Address: 17351 W 64th Ave., Arvada, CO 80007

www.morningstarseniorliving.com/communities/morningstar-of-arvada/

John Bachofer - Director of Community Relations - Office 720-547-2385 <u>Arvada.DCR@mstarliving.com</u>







Housing - Continued

Park Regency Thornton 🗢

At Park Regency Thornton Assisted Living and Memory Care, we are proud to give senior adults a comfortable place to call home in beautiful Thornton, CO. As a faith-based organization, we embrace a philosophy of selfless service. Part of that responsibility is to serve the social, spiritual and physical health of our seniors - making life's next phase comfortable, active and, most of all, enjoyable.

Address: 12610 Hudson Street, Thornton, CO 80602 Website: <u>www.ParkRegencyThornton.com</u>

Shannon Dempsey – Director of Sales and Marketing - Office 303-850-5820 - Cell 720-626-8461 sdempsey@ba.org

Senior Housing Options 🗢

Senior Housing Options, Inc. (SHO) is a charitable non-profit organization that serves low and moderate income elderly and adults with physical and mental disabilities. We accept Medicaid and private pay. We currently own and/or manage both assisted living and affordable apartment living units for over 370 residents including properties in Cortez, Denver, Longmont, and Parachute. Address: 1510 17th Street, Denver, CO 80202 www.SeniorHousingOptions.org

Tamar Berner – Fundraising & Marketing Manager - Office 303-595-4464 – Extension 14 tberner@seniorhousingoptions.org

Springwood Retirement Campus 🗢

Springwood Retirement Campus is locally and privately owned on 15acres of lush landscaped gardens. Residents enjoy walking paths and mountain views at our five distinct living options, from independent living, assisted living to memory care.

Address: 6550 Yank Way, Arvada, CO 80004 www.springwoodretirement.com

Jill Ross - Director of Marketing – Office 303-424-6550 – Cell 720-551-1950 jill@springwoodretirement.com

The Argyle Assisted Living Facility

The Argyle has provided Independent and Assisted Living for seniors in the Denver area since 1874. We continue to provide seniors an opportunity to live in a supportive and caring community at an affordable rate. Address: 4115 W. 38th Avenue, Denver, CO 80212 www.theargyle.org

Brian Fenwick – Sales & Marketing Director – Office 303-455-9513 BFenwick@theargyle.org





A RETIREMENT CAMPUS





Housing Placement

Aging Services Consultant - ASC 🗢

Aging Services Consultants has over 20 years of experience in aging services. We are here to help older adults and their families with a multitude of care options. As a member of GDPRA, we provide referral and placement services as well as care management services. Sometimes people need a little extra help and we are here to help!



www.AgingServicesConsultants.com/ Audrey Krebs, MA, CSA, QMAP - Certified Senior Advisor[®] - Office 720-328-1375 – Cell 303-903-4923

agingservicesconsultants@gmail.com

Address: 5096 South Mabre Court, Littleton, CO 80123

All About Seniors Placement

Senior Placements a free service to Seniors and their families. For over a decade, our goal is to guide families through this difficult situation and educate them on the process and all the things that need to be considered before placing their loved one. We provide options!

Address: PO Box 33793, Denver, CO 80241 www.allaboutseniorsinc.net

Marnie Biln - Owner/Community Advisor – Office 720-837-6306 – Cell 720-837-6306 mbiln@allaboutseniorsinc.net

Kevin Biln - Dir of Operations – Office 720-837-6306 – Cell 303-506-9401 kevinbiln@allaboutseniors.net

Cheryl Northup - Consultant -Office 720-837-6306 – Cell 720-350-9728 cnorthup@allaboutseniorsinc.net

Karen Tiemeire - Administrative Assistant – Office 720-837-6306 – Cell 720-915-4633 ktiemeier@allaboutseniorsinc.net

Caroline Werner - Consultant – Office 720-837-6306 – Cell 720-600-6160 <u>cwerner@allaboutseniorsinc.net</u>

CarePatrol of Denver 🗢

CarePatrol is the nation's largest Senior Placement organization who help families find safer care options including assisted living, independent living, memory care, in-home care and nursing homes. We personally meet with you and your family to help guide you through the daunting task of finding an alternative senior living



setting. Our services are FREE TO YOU, as we are paid by tens of thousands of quality pre-vetted providers across the nation.

Address: PO Box 150584, Denver, CO 80215 www.Denver.CarePatrol.com

Jenn Gomer - Owner/Senior Care Consultant - Office 720-675-8308 - JGomer@carepatrol.com

Sara Shvartzman - Senior Care Consultant - Office 720-675-8308 - Cell 720-775-8405 <u>sshvartzman@carepatrol.com</u>

Connie Torres - Senior Care Consultant - Office 720-675-8308 - Cell 720-675-8405 - ctorres@carepatrol.com

Housing Placement - Continued

CarePatrol of North Denver / Boulder / North CO

CarePatrol of North Denver / Boulder / North CO works with seniors and their families to find safer senior living options. Our services are always free, and we can help to make a transition to assisted living, memory care, or independent senior living easier while finding the best fit for families.

Address: 482 S Hoyt St, Lakewood, CO 80226

www.carepatrol.com

Doug Page - Owner - Office 720-363-8508 - dpage@carepatrol.com

Markie Anderson - Senior Care Consultant - Office 720-363-8508 - Cell 720-371-0773 manderson@carepatrol.com

Amy Herrick - Senior Care Consultant - Office 720-363-8508 - Cell 720-502-7034 - aherrick@carepatrol.com

Anna Fitzhorn - Operations Manager - Office 720-363-8508 - Cell 970-988-1437 afitzhorn@carepatrol.com

CarePatrol of South Denver

We help Seniors find Assisted Living, Independent Living and Memory Care. We tour with our families to help find the safest possible care options. Address: 3152 Riverwood Way, Castle Rock, CO 80109 https://www.carepatrol.com/advisors/beth-miller/SouthDenver/

Beth Miller - CarePatrol-Owner, CSA - Office 303-668-9152 - Cell 303-668-9152 bmiller@carepatrol.com

Melanie Baker Hood - Certified Senior Adviser - Office 303-668-9152 - Cell 720-205-7184 mhood@carepatrol.com

Hoyer Senior Placement 🗢

Senior living placement and referral services from Longmont to Castle Rock. Member of Greater Denver Placement and Referral Alliance supporting Best Practices. Address: 14247 W 84th Cir Unit A, Arvada, CO 80005 www.HoyerSeniorPlacement.com hsp Hoyer Senior Placement

Rich Hoyer – President – Office 720-470-8885 – Cell 720-470-8885 - <u>rich@hoyerseniorplacement.com</u> Amy Davis- Senior Advisor – Office 720-470-8885 – Cell 303-981-1661 - <u>Amy@HoyerSeniorPlacement.com</u> Renata Hewett - Senior Advisor- Office 720-470-8885 – Cell 303-257-8843 - <u>Renata@HoyerSeniorPlacement.com</u> Rick King - Office 720-470-8885 – <u>RKing@HoyerSeniorPlacement.com</u>

Housing Placement - Continued

Oasis Senior Advisors

We are a placement and referral service that assists seniors with finding the right senior living option in the Denver Metro area. Address: 788 Harrison Street, Denver, CO 80206

www.oasissenioradvisors.com/denver-metro/

Daphne Jean - Senior Living Advisor - Office 720-862-9741 - Cell 720-862-9741 daphneandlisa@youroasisadvisor.com

Lisa Theard - Senior Living Advisor - Office 720-862-9726 - Cell 720-862-9726 daphneandlisa@youroasisadvisor.com

Senior Care Authority

Senior Care Authority has a national network of advisors helping families locate the best long-term care options for their loved ones, including assisted living, residential care homes, memory care, in-home care and skilled nursing. We also offer Elder care Navigation and Consultation. Sometimes families just need more help. Senior Care Authority is a full-service agency and can help you navigate through challenging transitions and decision-making.

Denver Metro

Kim Hafenscher - Area Owner – Office 314-602-7006 - <u>kimh@seniorcareauthority.com</u> www.seniorcareauthority.com/denvermetro

North Metro Denver

Susan Allard - Senior Care Advisor – Office 720-408-1340 - <u>susan@seniorcareauthority.com</u> www.seniorcareauthority.com/northdenvermetro

North Metro Denver

Angella Kingston - Office Manager – Office 720-408-4700 – Cell 720-408-1615 - <u>angella@seniorcareauthority.com</u> www.seniorcareauthority.com/northdenvermetro

North Metro Denver

Brandy Randolph - Area Owner – Office 720-408-4700 – Cell 303-641-8210 - <u>brandy@seniorcareauthority.com</u> www.seniorcareauthority.com/northdenvermetro

North Metro Denver

Kim Thomson Senior Care Advisor – Cell 720-634-5805 - <u>kimt@seniorcareauthority.com</u> www.seniorcareauthority.com/northdenvermetro

Senior Living Navigation 🗢

Senior Living Navigation is a locally owned and operated senior living placement agency assisting our clients in locating appropriate community options in Independent Living, Assisted Living and Memory Care. Address: 4 Bellflower, Littleton, CO 80127

www.SeniorLivingNavigation.com

Valerie Pennock – Owner – Cell 720-255-8894 - Val@SeniorLivingNavigation.com

In-Home Care Non-Medical

Abby Senior Care 🗢

We are dedicated to offering personalized in-home care services that empower older adults to continue to live and thrive where they're most comfortable and content. Address: 9101 E. Kenyon Ave, Suite 3400, Denver, CO 80237 www.abbyseniorcare.com

Sybll Romley - Corporate Executive Director - Office 303-699-8840 – Cell 303-886-3433 romley.sybll@briggscorp.com

Jeni Winslow - Executive Director – Office 303-699-8840 – Cell 720-563-7443 jwinslow@abbyseniorcare.com

Apollo Home Care Services 🗢

Our experienced home care agency ensures we use providers who deeply care for our patients and administer the best coverage of all aspects of in home care services. Our consistent dedication to top-notch care provides us with the opportunity to serve our elderly senior care community and people with special needs in the privacy of their own home. Address: 11059 E Bethany Dr, Suite 299, Aurora, CO 80014

www.ApolloHomeCareServices.com

Joe Shippee - Administrator - Office 303-923-3771 - Cell 515-490-3411 joe@ApolloHomeCareServices.com

Assisting Hands Broomfield 🗢

We are a non-medical in home care agency, providing compassionate, quality personal care, homemaking, respite, shopping/errands, and transportation to clients in their own residence.

Address: 10701 Melody Dr. Suite 400, Northglenn, CO 80234 www.assistinghands.com/broomfield

Sandra Tagawa – Office: 720-780-7755 - Cell 720-780-7960 - <u>stagawa@assistinghands.com</u> Philip Sutton - Owner - Office: 720-780-7755 - Cell 720-780-7741 - <u>psutton@assistinghands.com</u> Vanessa Sutton - Owner - Office: 720-780-7755 - Cell 720-780-7761 - <u>vsutton@assistinghands.com</u>

FirstLight Homecare – Denver South

FirstLight Home Care offers one-of-a-kind care services by professional caregivers throughout South Denver Metro area. We provide care services for all generations, from new mothers to daily activities for seniors from personal hygiene and household duties such as cooking, cleaning and running errands to mobility assistance, post rehab, surgery and dementia care.

Address: 19029 E. Plaza Dr. Suite 252, Parker, CO 80134 www.DenverSouth.FirstLightHomeCare.com

Akbar Jaffer – Manager – Office 720-325-2511 – Cell 720-876-7675 - ajaffer@firstlighthomecare.com







In-Home Care Non-Medical - Continued

FirstLight Home Care – Denver West

Because caring is not just our job - it is our calling. We're not content with just helping people get through the day - we want to help them have the best day possible, filled with exceptional care, joy, and accomplishment. Today and every day.

Address: 12600 West Colfax Ave., Suite C-480, Lakewood, CO 80215

www.DenverWest.FirstLightHomeCare.com

Christopher Koch – Owner – Office 303-953-9575

Amanda Koch – Owner – Office 303-953-9575

Susan Dellinger – Manager – Office 303-953-9575 - sdellinger@firstlighthomecare.com

Lesley Lauro - Community Liaison – Office 303-953-9575 - Cell 720-693-3923 - Ilauro@firstlighthomecare.com

Friends for Life, Inc. 🗢

Friends for Life, Inc. has been serving seniors since 1997. We provide customized Non-Medical In-Home Care. Friends for Life specializes in providing 24-hour care through our Team Approach to Care. Our focus is on the emotional, mental, and physical well being of the client, as well as providing peace of mind to the family or care provider.

Address: 5912 S Cody Street Ste 310, Littleton, CO 80123 www.friendsforlifeinc.com

Mikea Crumity - Managing Director – Office 303-321-2822 – Cell 720-999-1017 mikea@friendsforlifeinc.com

Angela Rogers - Care Manager - Office 303-321-2822 - Cell 720-999-8013 - angela@friendsforlifeinc.com

Brianna Jackson - Care Coordinator - Office 303-321-2822 - Cell 720-999-0119 - brianna@friendsforlifeinc.com

Home Helpers of Metro Denver 🗢

Home Helpers Home Care of Metro Denver, is more than an in-home health care agency – we help make life easier and more enjoyable for you and your family. We're a locally owned, trusted provider of quality, compassionate senior home care in the Metro Denver area. We customize our home care to your unique situation for an affordable solution that keeps your elderly loved one where they're happiest: at home. Address: 2480 S Downing Street Suite 204, Denver, CO 80210 https://www.homehelpershomecare.com/denver-co/

Rick Cseak - Owner/CEO - Office 303-777-7870 - Cell 720-854-5876 rick@homehelpershomecare.com

Tim Fiedler - Client Services Manager - Office 303-777-7870 - Cell 720-520-6657 Dvrclientsvsmgr@homehelpershomecare.com

Ashlie Hodge - Regional Manager - Office 303-777-7870 - Cell 720-582-6014 DenverMkt@homehelpershomecare.com

In-Home Care Non-Medical - Continued

Home Instead Castlerock

Home Instead offers a variety of services to assist seniors in their homes. Our senior care services help aging adults stay engaged in everyday life with tailor-made support to stay safe and well at home. We provide personal care, such as bathing, incontinent care, and dressing as well as housekeeping, meals, laundry, transportation, laundry and more.

Address: 399 Perry St., Castle Rock, CO 80104 www.homeinstead.com/location/490/

Mary Budnack – Office 303-688-7852 – Cell 720-690-0362 Mary.budnack@homeinstead.com

Home Instead Senior Care (Denver South, Littleton) 🗢

Senior care services from Home Instead[®] help to enhance the aging experience by providing practical support at home with a human touch. Our professional CAREGivers[™] immerse themselves into wherever home is to assist with common activities of daily living and build a lasting relationship with you and your family. We offer care 24/7, 365 in Denver, Aurora, Littleton, Lakewood, and Centennial. Address: 2095 S Pontiac Way, Denver, CO 80224 www.homeinstead.com/148

Kristin Dahlquist - Office 303-389-5700 - Cell 720-840-9266 KristinDahlquist@homeinstead.com

Robert Dahlquist - Owner - Office 303-389-5700 - Cell 303-389-5700 robert.dahlquist@homeinstead.com

Mary Coit - Client Care Manager - Office 303-389-5700 - <u>mary.coit@homeinstead.com</u> Julie Langford - Client Care Manager - Office 303-389-5700 - <u>Julie.langford@homeinstead.com</u> Barb Monaghan - Director of Quality Care - Office 303-389-5700 - Cell 720-693-0523 <u>barb.monaghan@homeinstead.com</u>

Touching Hearts at Home 🗢

Touching Hearts at Home provides non-medical home care services for older adults, seniors, and people with medical conditions and/or disabilities. Our service is customized to meet the individual needs of each client. Care is available for a few hours per visit, up to 24 hours - seven days a week, including weekends and holidays. We serve Denver, Aurora, Centennial, and Parker.

Address: 2851 S Parker Rd. Suite 1000, Aurora, CO 80014 www.touchinghearts.com/denvermetro

Christina Bakhour - Business Development & Sales Executive - Office 303-632-8786 <u>christina@touchinghearts.com</u>

Terrell Pearson - Home Care Sales Consultant – Office 303-632-8786 – Cell 720-277-7478 terrell@touchinghearts.com

Home Instead

LGBTQ Programs

The Center on Colfax

The Center's SAGE of the Rockies program provides social support & engaging activities for LGBTQ older adults (50+) and their allies. Address: 1301 E Colfax Avenue, Denver, CO 80218 www.lgbtqcolorado.org

Reynaldo Mireles - Director of Elder Services - Office 303-951-5222 - Cell 720-979-8051 rmireles@lgbtqcolorado.org

Kerry Duran - Program Coordinator - Office 303-951-5222 - Cell 303-951-5222 kduran@lgbtqcolorado.org

Medicaid Planning, VA Aid & Attendance

Beneficent 🗢

We are dedicated to helping families and loved ones. We help you understand, prepare, and qualify for programs covering high costs of long-term care including assisted living, adult day care, home care, nursing homes, or senior



living. Let us help you preserve your assets and smoothly transition from private pay into the right financial program!

Address: 665 SouthPointe Ct - Ste 100, Colorado Springs, CO 80906 https://www.doinggoodforothers.com/

Kim Searles - Business Development - Office 719-645-8350 - Cell 719-362-5484 kim@doinggoodforothers.com

Stacy Osborne - Owner - Office 719-645-8350 admin@doinggoodforothers.com

Medical Alert Systems

ADT Medical Alert Systems 🗢

Independence and security go hand-in-hand with medical alert systems from ADT. No upfront costs or long term contract, very affordable. With ADT-push the button for ANY Personal Emergency and get rapid help. Find the best safety system to fit your lifestyle today! Address: 452 Sable Blvd, Aurora, CO 80011 https://www.adt.com/



Suzanne Mortensen - CO Health Area Manager – Office 303-552-3200 - Cell 303-552-3200 SMortensen@adt.com

Electronic Caregiver

Electronic Caregiver is a leading innovator in technologies that serve those wishing to have safety and remote monitoring in an all-inclusive service model. Address: 6477 W. Nova Dr, Littleton, CO 80128 www.electroniccaregiver.com/

Marybeth Van Horn, RN - Office 303-809-1134 - Cell 303-809-1134 mbcares365@gmail.com

Philips Lifeline 🗢

We provide Personal Emergency Response Services for in the home or on the go with Mobile. No need for a landline if have the in-home service. Also provide Automatic fall detection with all levels of service. In addition, provide Medication Management via a medication dispensing device. Address: 2541 Iola Street, Aurora, CO 80010 www.lifeline.philips.com

Ruth Ann Arber - Key Account Manager and Market Expansion - Cell 303-378-2476 ruth.ann.arber@philips.com

Medical Equipment

Shield HealthCare

We provide medical supplies, incontinence, Urolology, ostomy, would and enteral nutrition to people in their homes.

Address: 18150 E 32nd Pl, Unit C, Aurora, CO 80011 www.shieldhealthcare.com

Karlene Martin - Sales Representative - Toll Free 800-525-8049 - Cell 303-246-6348

Medicare Consulting

Gosselin Senior Health Advisors

Carol Gosselin provides attentive, trustworthy and excellent advice, assistance and education as a Medicare health insurance broker. I am contracted with multiple insurance carriers to assist, enroll and service individuals eligible for the federal Medicare Health Insurance program. Address: 1429 Gore Circle, Larkspur, CO 80118

Carol Gosselin - Owner/Broker – Office 303-250-5605 – Cell 303-250-5605 carolgosselin@aol.com

HealthMarkets Insurance 🗢

As a local HealthMarkets insurance broker, I help clients find the Medicare plans that best meets their needs and budget, at no cost to clients. www.HealthMarkets.com/JGreiner

Jackie Greiner - Cell 303-898-9787 - jgreiner@healthmarkets.com

Medicare Insurance Help 🧲

We are independent insurance agents specializing in Medicare. We help people with all facets of Medicare - objectively and fee free. Address: 7801 East Iowa Ave, Denver, CO 80231 www.MedicareInsuranceHelp.com

Mary Jo Heins – Owner – Office 720-484-6946 – Cell 303-916-6992 mjheins@medicareinsurancehelp.com

Programs for Older Adults

Facing Last Chapters LLC

In a powerful presentation, mother and daughter speak about the critical need to have a conversation about aging, dying and what matters most as one approaches the end of life, referred to as "estate planning of the heart."

Address: 1200 Acoma St Unit 201 , Denver, CO 80204 https://facinglastchapters.com/

Patricia Lynn Bortz - Speaker - Office 303-919-9468 - Cell 303-919-9468 pbortz2@gmail.com lastchapters8@gmail.com





Real Estate

Alexander Properties 🗢

Focus on selling homes for seniors. Assisting those seniors who want to re-invest in real estate or referring to partners who can help them with other types of senior housing. Address: 19553 E Mann Creek Drive Unit A, Parker, CO 80134 www.SellingSeniorHomes.net

Linda Alexander - Broker/Owner - Office 303-475-3078 - Cell 303-475-3078 linda.alexanderproperties@gmail.com

Denver Home Transitions 🗢

We help families find a way to pay for mom's care or dad's care by leveraging the home they own. Address: 2509 Main St., Littleton, CO 80120 www.denverht.com

Natalie Randall - Senior Transition Specialist - Office 720-500-6808 - Cell 720-308-8493 natalie@DenverHT.com

Equity Colorado Real Estate 🗢

As a certified senior housing professional (CSHP), I assist seniors in making complex housing decisions. I do this with caring, compassion and competence. (20 years' experience) Address: 7047 South Malaya Court, Aurora, CO 80016-7031 www.MatureLivingTruthSeries.com

Larry Clarke - Certified Senior Housing Professional – Office 303-521-7188 – Cell 303-521-7188 larryc5213@comcast.net

Heter & Company, Inc.

Residential brokerage of single-family homes. Extensive experience working with seniors for stay-at-home solutions, downsize or transition to an alternate lifestyle. SRES (Seniors Residential Specialist) designation from the National Association of Realtors.

Address: 5535 W. 56th Avenue Suite 106, Arvada, CO 80002

www.heterco.com

Phil Heter - Broker/Owner – Office 303-430-7117 – Cell 303-718-7000 phil@heterco.com

Sage Choice Realty

Sage Choice Realty is a full-service real estate brokerage operating in the Greater Denver area. Our dedicated team is available to guide you through your entire real estate journey. Helping you to find the perfect home, prepare, and sell your property or find a desirable investment, your real estate experience is personal to us. Address: 3227 Blue Grass Ct, Castle Rock, CO 80109

www.sagechoicerealty.com

Kim Evans - Realtor – Office 303-378-9424 - Cell 303-378-9424 - kim@sagechoiceRealty.com

Jackie – Chilelli – Broker – Office 303-378-9424 – Cell 720-571-0386 - Jackie@sagechoicerealty.com

Real Estate - Continued

The Bill Doyle Team - RE/MAX Alliance 🗢

Our motto is "The Results You Expect. An Experience You Deserve," when helping seniors in transition with their real estate needs. Call Us! Address: 2375 Bayberry Lane, Castle Rock, CO 80104 <u>www.thebilldoyleteam.com</u> Bill Doyle - Realtor - SRES - Office 303-903-1558 - Cell 303-903-1558

bbdrealtor@gmail.com

Reduce & Recycle

Gone for Good

Eco Friendly junk removal company keeping stuff out of the landfill Address: 101 Kalamath St, Denver, CO, 80223 www.goneforgoodstore.com

David Camit - Owner – Office 303-353-2843 – Cell 303-910-2023 dcamit@goneforgoodstore.com

Reid Husmer – Owner – Office 303-736-2387 – Cell 303-513-7120 rhusmer@goneforgoodstore.com

Rehabilitation

Vibra Hospital

We are acute inpatient rehab for post acute care. We focus on getting patient's back to their prior level of function and home. We do 3 hours of therapy a day, PT/OT/ST. We have a rounding MD and 24/7 nursing staff. We are licensed as a hospital. Address: 8451 Pearl Street, Thornton, CO

www.vhdenver.com

Michelle Drahota - Nurse Clinical Liaison - Office 303-520-2522 - Cell 303-931-7421 mdrahota@vhdenver.com

Resources for Aging

Aging Resources of Douglas County 🗢

Aging Resources of Douglas County is a non-profit that connects older people to resources that promote aging with independence. We also provide safety net services including transportation, companionship, handyman chores and help at home.

Address: 104 4th Street Castle Rock, CO 80104

www.agingresourcesdougco.org

Karie Erickson - Executive Director - Office 303-814-4300 - kerickson@douglas.co.us

Lori Gloer - Community Engagement - Office 303-814-4300 - Cell 303--880-3637 - Igloer@douglas.co.us

AgeWise Colorado 🗢

AgeWise Colorado's mission is to alleviate the challenges older Coloradans and their families face by providing reliable information and trusted resources to help seniors thrive as they age in place, and beyond. Address: P.O. Box 102662, Denver, CO 80250 www.agewisecolorado.org

AgeWise colorado

Barbara Boyer - Executive Director – Office 303-862-8711 – Cell 303-947-0898 mailto:barbara@agewisecolorado.org

CircleTalk

Circle Talk is a structured conversation program led by trained facilitators who use a unique, non-repeating curriculum. Through high engagement activities and discussion themes, a safe group container is created supporting new relationships and inspire personal sharing. Address: P.O. Box 19230, Boulder, CO 80308 www.circletalk.org

Deb Skovron - Executive director - Office 303-579-1153 - Cell 303-579-1153 - deb@circletalk.org

Fawnda Hathaway - Administrative Manager – Office 303-579-1153 – Cell 303-523-2070 - Fawnda@circletalk.org

Colorado Gerontological Society 🗢

Provide information, education and training, counseling and referral, advocacy and public policy to those working with seniors as well as to provide services for seniors and their families.



Address: 1129 Pennsylvania St, Denver, CO 80203 www.senioranswers.org

Eileen Doherty - Executive Director – Office 303-333-3482 – Cell 720-789-4638 - <u>doherty001@att.net</u> Bernie Schmeits - Program Manager – Office 303-333-3482 - <u>bernieschmeits@senioranswers.org</u>

Jack Rouff – Office 303-333-3482 - jack.rouff@senioranswers.org

Resources for Aging - Continued

Denver Inner City Parish 🗢

We provide a food, supplies, and pet product to older adults that reside in the inner city of Denver. Launched the first virtual senior program for low-income older adults of color and genders. Provide over 40 programs per month. We also provide case management and resource distribution. In the process of becoming the first accredited senior center in all of the City and County of Denver.

Address: 1212 Mariposa, Denver, CO 80204 www.dicp.org

Logan - 303-629-0636 - <u>logan@dcip.org</u> Hillary - 303-629-0636 - <u>seniors@dicp.org</u> Alex - 303-629-0636 - <u>alex@dicp.org</u>

Jan D. Somers, MSW, LCSW, BCD, Certified in Gerontology

Overseeing the care, health, and well-being of your elderly loved one is a challenging and all-encompassing experience that affects every aspect of your life. I help families successfully navigate all aspects of aging and assist families in designing their own ways to discuss and arrange for transitions, senior services, referrals, and everything else!

8965 E. Florida Ave, #5-308, Denver, CO 80247

www.agingconsultant.org

Jan D. Somers - MSW, LCSW, BCD, Certified in Gerontology – Office 303-903-0526 jangeriatriccare@yahoo.com

Maggie Miller Consulting

I coach adult children of aging parents, particularly when they first realize that they have new responsibilities and don't how or where to start.

Address: 451 24th Street, Denver, CO 80205 www.maggiemiller.org/coach-adultchildren-agingparents

Maggie Miller - Cell 303-886-5116 - maggie@maggiemiller.org

Masterpiece

Masterpiece is an organization dedicated to inspiring and cultivating individual growth, resilience, and purposeful longevity at every stage of life. Through data-focused measurements and research-backed content, our team of dedicated health and longevity experts offer communities the content and programming to provide their residents with a unique approach to holistic health and wellbeing.

Address: 12600 W. Colfaxe Ave, Suite B-110, Lakewood, CO 80215

www.mymasterpieceliving.com

Leslie Clark - Sales Director 720-234-8298 720-234-8298 - <u>leslie@mymasterpieceliving.com</u> Kai Hillberry - Partnership Marketing – Office 720-234-8298 - Cell 303-638-7488 - <u>Kai@mymasterpieceliving.com</u> Margo Livadariu - Director of Marketing – Office 720-234-8298 – Cell 415-516-3516 <u>margo@mymasterpieceliving.com</u>

Cera Meintzer - Sales Manager - Office 720-234-8298 - Cell 858-204-7827 - cera@mymasterpieceliving.com



Resources for Aging - Continued

SeniorHub 年

The mission of The Senior Hub is to advance the quality of life for older adults through advocacy, community partnerships, and a variety of direct services planned to sustain an independent, healthy aging experience. Address: 10190 Bannock Street Northglenn, CO 80260

www.SeniorHub.org

Julie Hood - Home Care Prog Services Mgr – Office 303-426-4408 – Cell 303-947-9935 jhood@seniorhub.org

Reverse Mortgage

Orion Mortgage, Inc. 🗢

Orion Mortgage, Inc. has been providing personalized service to Colorado homeowners since 1996. We specialize in traditional (forward) and Reverse Mortgage refinances. Address: 10560 Wadsworth Blvd., Broomfield, CO 80021 www.OrionMortgage.com



Don Opeka - President - Office 303-469-1254 - Don@OrionMortgageInc.com

Terri Opeka - Office 303-469-1254 - Terri@OrionMortgage.net

Amanda Varga - Community Liaison - Office 303-469-1254 - Amanda@OrionMortgage.net

Spectra Mortgage 🗢

Spectra Mortgage offers personalized mortgage solutions for current homeowners or buyers looking to purchase a home. We specialize in forward, reverse and refinance mortgages. Address: 7175 West Jefferson Avenue, Suite 1350, Lakewood, CO 80235 www.SpectraMortgage.com

Spectra Mortgage

Kimberly Renquest - Mortgage Advisor - Office 303-468-1985 - Cell 303-883-4628 krenquest@spectramortgage.com

Wayne Tucker, CPA – Mortgage Advisor - Office 303-468-1985 - Cell 303-884-4446 wtucker@spectramortgage.com

Elizabeth Foster - Mortgage Coordinator - Office 303-468-1985 - Cell 303-548-7289 efoster@spectramortgage.com

Technology for Seniors

Nymbl Science 🗢

Science's mission is to prevent 1 million falls and prove that aging is NOT less. It's been scientifically proven to improve balance by 30%! In addition, The Nymbl app is easy to use in only 10 minutes a day, at home, and the best part is Nymbl teamed up with DRCOG so all Coloradans ages 60+ can have the app at no cost.



All that is needed is a smartphone or tablet. Stay active and improve your balance with the free Nymbl app! Annex, 2000 S. Colorado Blvd, Suite 240, Denver, CO 80222

https://nymblscience.com/

Sasha Story - Community Outreach/Enrollment Manager – Cell 720-442-1533 sasha@nymblscience.com

Prime of Life Tech

Prime of Life Tech provides IT tech support and training for older adults and small businesses. On-site and remote support available for smartphones, tablets, and computers. Address: 5362 Lynn Dr, Arvada, CO 80002 <u>https://primeoflifetech.com</u>

Patrick Baker – Owner – Office 720-319-7145 – Cell 720-319-7145 - patrick.baker@primeoflifetech.com

Serenity Engage

Increase your revenue by giving families what they need - easy, quick updates, photos and videos of their loved one with simple, secure messaging for senior living, hospice and home health/care. Address: 1550 Larimer, #471, Denver, CO 80202 www.serenityengage.com

Katherine Wells - CEO - Office 720-515-8837 – Cell 720-515-8839 - katherine@serenityengage.com

Courtney Wentwoth - Dir of Engagement – Office 720-515-8837 – Cell 720-515-8839 Courtney@serenityengage.com

Taylor Huett - Dir of Customer Service - Office 720-515-8837 – Cell 720-539-9635 - Taylor@serenityengage.com

Shane McManaman - Bus Development - Office 970-391-1089 - shane@serenityengage.com

Vision Loss 🗢

Audio Information Network of Colorado

FREE resource to access over 100 of Colorado newspapers, sales ads, and podcasts. We "Bring Print to Life" for Coloradoans who have a barrier to print. We provide FREE smart speakers to those who need them to access our platform. Address: 1700 55th Street, Suite A, Boulder, CO 80301 www.aincolorado.org



Kim Wardlow - Executive Director - Office 303-786-7777 ext.112 - Cell 303-579-1747 kim@aincolorado.org

Shirley Proppe - Outreach Coordinator - Cell 720-472-1904 shirley.proppe@aincolorado.org

Matt Kissane - Listener Services Coordinator - Office 303-786-7777 ext 108 - Cell 303-818-6148 matt@aincolorado.org



About Denver Senior Coalitions

The four Denver Senior Coalition Chapters are networking organizations serving the greater Denver area. Our members range from senior housing, home health industry, health and medical services, referral agencies, technology-based organizations, professional services such as legal and financial and other community-based service organizations. Members include both individuals and organizations and for-profit, non-profit and government agencies.

Our membership dues are based on a calendar year and run from January through December. Dues start at \$75 for a "One Person Membership, One Company, ONE Chapter for a year." We also have multi-member and multicoalition memberships. Most of the funds we raise through membership go to our Joint Coalition Assistance Fund.

The Denver Senior Coalitions' Joint Coalition Assistance Fund (JCAF) receives monies that have been paid as dues to the four Denver Senior Coalition Chapters. Our non-profit members are invited to apply for these funds through an application and vetting process. At our December holiday meeting of the Denver Senior Coalitions, this senior professional networking group shows their holiday spirit, and we give away Joint Coalition Assistance Fund awards to deserving organizations that serve older adults. These organizations are selected through an application process and a review process conducted by our board members.

For 2021 the awards went to Aging Resources of Douglas County, Denver Inner City Parish, and Kavod Senior Life. Each of these organizations have programs in place that help older adults directly.

- Aging Resources of Douglas County would allocate the donation to their Emergency Assistance Fund (EAF). The fund provides one-time, as- needed financial support to seniors encountering unanticipated and burdensome expenses. Previous donations have been used to help our members cover the cost of emergency dental procedures, new prescriptions, and rent arrears.
 Website: https://www.agingresourcesdougco.org/
- **Denver Inner City Parish's** Seniors Program provides community and services for 120 older adults in Denver. Nearly all participants (91%) are single or widowed, with an average income of \$700 per month and reside in subsidized housing. This scholarship would make it possible for them to provide a memorable trip to (ex. Cheyenne Mountain Zoo and Garden of the Gods) for our seniors. This scholarship would cover the trip costs including admission, hotel rooms, transportation and staffing. For many of our seniors a trip like this would be a once in their lifetime opportunity that they would not otherwise experience.

Website: https://www.dicp.org/

• **Kavod Senior Life (Kavod)** is a nonprofit organization serving older adults in Denver with housing and support services. Subsidized by HUD, Kavod offers affordable Independent and Assisted Living apartments to adults 62+. The average age on campus is 78, and the average income is \$13,000, which is considered poverty level. While they are not a memory care facility, Kavod still has residents who struggle with memory-related issues. They want to support these individuals as best we can so they can avoid premature moves and live their best life possible as long as possible on their campus. Kavod has identified programs that help stimulate positive memories and joy in older adults with memory loss. These include Opening Minds through Art, Music & Memory (both national) and other music/arts performances that help individuals with experiential recall. Funds would be used to engage 50 or more residents in these programs in 2022.

Website: https://kavodseniorlife.org/

Visit our website and learn more about the Denver Senior Coalitions
<u>www.DenverSeniorCoalitions.org</u>

We have four chapters: East, North, South and Southwest The annual membership dues are as follows:

Join 1 Chapter with unlimited members – \$75 Join 2 Chapters with unlimited members – \$150 Join 3 Chapters & the Fourth Chapter is Free, all chapters with unlimited members – \$225 Pay \$25 extra to have your logo in this referral directory

Join the Denver Senior Coalitions and we will add you to this directory! Information for joining is on the website.

*Non-profit members wanting to apply for the Joint Coalition Assistance Fund Award must be a paid member before the end of June to be eligible to apply for the fund.